



1 Name:

 Last
 _____ MI Jr/Sr
 First

2 Street Address: _____

 City State Zip

Phone #: _____

If you live in FL only part of the year please provide the following:

Other Address: _____

 City State Zip

Other Phone #: _____

3 Date of Birth: ___/___/___
 Month Day Year

4 Sex: Male Female

5 Are you: Right-handed Left-handed

6 Type of Insurance 1°: _____

2°: _____ or Self-Pay

7 Marital Status

- a) Single d) Widowed
- b) Married e) Life Partner
- c) Separated f) Divorced

8 Employment Status

- a) Full-time d) Self-Employed
- b) Part-time e) Student
- c) Not Employed f) Retired

If retired date of your retirement
 ___/___/___
 Month Date Year

g) Occupation _____

9 With whom do you live?

- a) Alone
- b) Spouse
- c) Other: _____

10 Who referred you to the physical therapist?

11 LIVING ENVIRONMENT

Does your home have: or **Do you use:**

- a) Stairs, no railing a) Cane
- b) Stairs, railing b) Walker
- c) Ramps c) Manual wheelchair
- d) Elevator d) Motorized wheelchair
- e) Uneven terrain e) Glasses, hearing aids
- f) Assistive devices (eg. bathroom): _____ f) Other: _____
- g) Any obstacles: _____

12 Where do you live?

- a) Home
- b) Apartment
- c) Condo
- d) Other: _____

13 GENERAL HEALTH STATUS

- a) Please rate your health:
 (1) Excellent (2) Good (3) Fair (4) Poor
- b) Have you had any major life changes during the past year?
 (ex. Move, job change, death of a family member)
 (1)Yes (2)No

14 SOCIAL/HEALTH HABITS

- a) Smoking
 (1) Currently smoke tobacco (a) Yes (b) No
 If yes how many packs per day _____
- b) Alcohol
 (1) How many days per week do you drink beer, wine, or other alcoholic beverages, on average? _____
 (2) If one beer, one glass of wine, or one cocktail equals one drink, how many drinks do you have, on an average day? _____
- c) Exercise
 How many days per week do you exercise? _____
 What do you do for exercise? _____

15 Fall History – within the past year have you fallen if yes was it more than once and where?

16 MEDICAL/SURGICAL HISTORY

a) Please check if you have ever had:

- (1) Arthritis (15) Parkinson disease
(2) Broken bones/fractures (16) Seizures/epilepsy
(3) Osteoporosis (17) Allergies
(4) Anemia (18) Stroke
(5) Circulation problems (19) Thyroid problems
(6) Heart problems (20) Cancer
(7) High blood pressure (21) Infectious disease
(8) Asthma (eg, tuberculosis, hepatitis)
(9) Emphysema/Bronchitis (22) Kidney disease
(10) Diabetes (23) Repeated infections
(11) Blood clots (24) Chemical dependency
(12) Multiple Sclerosis (ie alcoholism)
(13) Skin diseases (25) Depression
(14) Ulcers/stomach problems (26) Other: _____

b) Within the past year, have you had any of the following symptoms? (Check all that apply.)

- (1) Chest pain (13) Difficulty sleeping
(2) Heart palpitations (14) Loss of appetite
(3) Cough (15) Nausea/vomiting
(4) Hoarseness (16) Difficulty swallowing
(5) Shortness of breath (17) Bowel problems
(6) Dizziness or blackouts (18) Weight loss/gain
(7) Coordination problems (19) Urinary problems
(8) Weakness in arms or legs (20) Fever/chills/sweats
(9) Loss of balance (21) Headaches
(10) Difficulty walking (22) Hearing problems
(11) Joint pain or swelling (23) Vision problems
(12) Pain at night (24) Other: _____

c) Have you ever had surgery? (1) Yes (2) No

If yes. Please describe, and include dates:

Month Day Year
_____/_____/_____
_____/_____/_____
_____/_____/_____
_____/_____/_____

17 FAMILY HISTORY (Indicate whether mother, father, brother/sister been treated for any of these and at what age?)

- Heart disease Cancer
High Blood Pressure Alcoholism
Stroke Depression
Diabetes Osteoporosis
Inflammatory Arthritis Kidney disease

18 CURRENT CONDITION(S)/ CHIEF COMPLAINT(S)

a) Describe the problem(s) for which you seek physical therapy: _____

b) When did problem(s) begin ____/____/____
Month Day Year

c) What happened? _____

d) Have you ever had the problem(s) before?

- (1)Yes (2)No

(i) If Yes, what did you do for the problem(s)?

(ii) Did the problem(s) get better?

- (1) Yes (2) No

e) What makes the problem(s) better and worse?

f) What are your goals for physical therapy?

h) Are you seeing anyone else for the problem(s)? (check all that apply.)

- (1) Acupuncturist (9) Occupational therapist
(2) Cardiologist (10) Orthopedist
(3) Chiropractor (11) Osteopath
(4) Dentist (12) Psychologist
(5) Family practitioner (13) Podiatrist
(6) Internist (14) Primary care physician
(7) Massage therapist (15) Rheumatologist
(8) Neurologist (16) Other: _____

Date of your last physical Exam? _____

19 HOSPITALIZATIONS

Have you been in a HOSPITAL recently? (please give dates)

From ____/____/____ to ____/____/____
Month Day Year Month Day Year

20 HOME HEALTH CARE

a) Do you currently have health care even if only nursing?

- (1)Yes (2) No

b) If No have you had it recently? (1)Yes

Discharge Date _____

21 MEDICATIONS (Provide list if needed)

Ex. Tylenol Daily 200mg _____

- 1. _____
2. _____
3. _____

22 NON-PRESCRIBED /HERBALS

Do you take any of these?

- a)Advil/Aleve f)Decongestants
b)Antacids g)Herbal supplements
c)Ibuprofen/Naproxen h)Tylenol
d)Antihistamines i)Laxatives
e)Vitamins j)Other _____

23 OTHER CLINICAL TESTS- within the past year, have you had any of the following tests? (Check all that apply.)

- (a) Arthroscopy
(b) Blood tests
(c) Bone scan
(d) CT scan
(e) MRI
(f) X-ray
(g) Other _____